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For Immediate Release

APH Educational Book Teaches Students with Visual Impairments Importance of Sexual Knowledge and Anatomy

Louisville, KY (March 22, 2022) – American Printing House for the Blind’s book, *Health Education for Students with Visual Impairments: A Guidebook for Teachers*, aims to educate instructors of students about sexual information. Many students who are blind or visually impaired, are not afforded the same level of sex education as their sighted peers. One problem is that high quality sex education instruction includes the use of pictures in textbooks and videos. Obviously, print pictures are not accessible to students who are blind or visually impaired. The pictures must be rendered into forms that the students can comprehend.

Teaching sexual education is a struggle, as some mistakenly believe that merely describing the images verbally, is enough to understand pictures. This isn’t the case. We know that when a picture is verbally described to a person who is blind or visually impaired, and then shown several objects which resemble the picture in addition to the actual item, the person who is blind or visually impaired will struggle to pick the right object consistently.

Recognizing the need for accurate and accessible health educational materials for instructors to teach students and children who are blind or visually impaired about their bodies and health is important, and *Health Education for Students with Visual Impairments: A Guidebook for Teachers* ensures teachers have proper materials.

Additional Links and Resources for Meaningful Sexual-Education Information

- *Health Education for Students with Visual Impairment: A Guidebook for Teachers*
<https://www.aph.org/product/health-education-for-students-with-visual-impairments-a-guidebook-for-teachers-2/>
- FamilyConnect: <https://familyconnect.org/?s=sex>