

Figure 5.1

Sample Individual Visit Review Sheet

Individual Visit Review Sheet

Directions: During an intervention appointment, complete a review sheet of important points. Use one review sheet for each goal identified and include two or three activities. Review each activity at the next visit and mark each one with a + for those accomplished and – for those emerging, along with the date. If there is no change, leave it blank. Write the date and time of the next appointment at the top of the sheet.

Baby's name: _____ Date: _____

Session #: _____ Goal: _____

Next appointment: _____

_____ **Activity 1: A moving pinwheel**

- Show _____ a *moving* pinwheel 4-6 inches in front of their face when they are comfortably on their back.
- Wait for any behavioral change suggesting that they are visually alert. Shake the pinwheel slightly to continue the activity.
- Expand the activity by adding vocabulary (e.g., “look,” “see,” and “pinwheel”).
- Encourage _____ to touch the pinwheel, perhaps by guiding their hand by placing it under or over a parent's hand.
- When _____ alerts to the pinwheel's motion, try holding it steady for a moment before moving it again.
- Repeat the activity several times during every bedtime and nap routine. Allow sufficient time for Tommy to react.

Teacher's follow-up comments:

_____ **Activity 2: Controlled environment**

- Create a Little Room (Nielsen, 1992) for _____ that includes their quilt and other interesting objects hanging from elastic.
- Include vocabulary (e.g., “toys,” “your space”) as you place _____ into the room.
- Once they are comfortable, allow them quiet time and space for interaction with the objects without additional language or interactions.
- Repeat the activity regularly, providing about 15 minutes in the area after each nap.

Teacher’s follow-up comments: