

## Figure 4.5

### Sample Home Action Plan

#### Home Action Plan

Baby's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Plan Date: \_\_\_\_\_

Sessions dates (Visit 1 to Visit 4): \_\_\_\_\_

**Plan: #1 Starting Program (filled in examples at the end of document)**

Team Member Role: \_\_\_\_\_ Name: \_\_\_\_\_

Goal(s):

Strategy:

Person(s) Responsible: \_\_\_\_\_

Suggestions:

Team Member Role: \_\_\_\_\_ Name: \_\_\_\_\_

Goal(s):

Strategy:

Person(s) Responsible: \_\_\_\_\_

Suggestions:

Team Member Role: \_\_\_\_\_ Name: \_\_\_\_\_

Goal(s):

Strategy:

Person(s) Responsible: \_\_\_\_\_

Suggestions:

Team Member Role: \_\_\_\_\_ Name: \_\_\_\_\_

Goal(s):

Strategy:

Person(s) Responsible: \_\_\_\_\_

Suggestions:

Team Member Role: \_\_\_\_\_ Name: \_\_\_\_\_

Goal(s):

Strategy:

Person(s) Responsible: \_\_\_\_\_

Suggestions:

**Examples:**

Team Member Role: Caregiving provider

Name: Nanny Fiona

Goal(s): Increase tolerance to touch.

Strategy: Provide Robbie with a short massage after diapering and incorporate a variety of textured toys and blankets.

Person(s) Responsible: Mom, dad, grandmother, older brother

Suggestions: Provide fun tactile exposure to Robbie including having short massages regularly.

Team Member Role: Social worker

Name: Ms. Thompson

Goal(s): Increase positive awareness of parents.

Strategy: Use a cue, such as a cheek touch or an identifying piece of jewelry, especially during bonding activities.

Person(s) Responsible: Mom, dad

Suggestions: Help Robbie touch identifying jewelry, such as a watch or ring.