# **Matrix Approach Planning Worksheet**

Child/Caregiver Name:

Session Date:

## **STEP 1: PLANNING**

1. Goals: Ask parent, identify, and record in left column of matrix
2. Routines: Ask parent, identify, and record in top row of matrix
3. Problem-solve Activities: Ask parent, identify visual needs and how to complete activity, record in appropriate box on matrix
4. Choose Activity: Ask parent
5. Set up the environment: As parent for input and use materials in the home

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Routine #1** | **Routine #2** | **Routine #3** |
| Goal #1 |  |  |  |
| Goal #2 |  |  |  |
| Goal #3 |  |  |  |

## **STEP 2: ENGAGEMENT**

1. Parent begins the activity: Invite parent and then observe 30 seconds.
2. EIVI Professional support: Provide feedback while the parent and child interact.

## **STEP 3: REFLECTION**

1. Session Reflection: Refer to matrix and adapt as needed.
2. Extension: As parent and list how concepts reviewed can be used through the week including use of different routines, materials, or people.